



Long Sutton Primary School Menu Term 1 2023/2024



| Week Two | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------------------------------------------|------------------------------------|-------------------------------------------------|---------------------------------------------------|-------------------------------------------------------------|------------------------------------------------|
| Main 1 | Vegetable Noodles with Broccoli | Pasta Bolognese with Carrots | Roast Pork, Potatoes, Carrots and Peas with Gravy | Chicken Pie, Mashed Potato, Sweetcorn, Peas and Gravy | Hot Dog with Potato Wedges and Beans |
| Main 2 | Macaroni Cheese with Broccoli | Potato and Chickpea Curry with Rice and Carrots | Quorn Cottage Pie, Carrots and Peas with Gravy | Quorn Sausage, Mashed Potato, Sweetcorn and Peas with Gravy | Vegetable Fingers with Potato Wedges and Beans |
| Main 3 | Cheese Salad Wrap with Mixed Salad | Jacket Potato with Cheese and Salad | Tuna Mayonnaise Salad Wrap with Mixed Salad | Jacket Potato with Tuna Mayonnaise and Salad | Jacket Potato with Baked Beans and Salad |
| Pick and Mix Salad Bar is available for all 3 main meal options every day | | | | | |
| Dessert | Blueberry Muffin | Jelly and Fruit | Yoghurt and Fruit | Cheese Crackers and Apple Slice | Fruit Crumble with Custard |
| Fruit Drinks | Fresh Fruit Water | Fresh Fruit Water | Fresh Fruit Water | Fresh Fruit Water | Fresh Fruit Water |
| Extra bread | Wholemeal Bread | Wholemeal Bread | Wholemeal Bread | Wholemeal Bread | Wholemeal Bread |

Weeks Commencing 8th January, 29th January, 26th February, 18th March

